



**Windermere
& Bowness** | Chamber
of Trade

Promoting the trading and commercial interests of Bowness, Windermere and the immediate area.

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Dear Members

My I take this opportunity of wishing you all a happy and Prosperous new year and hopefully you will all find it better than 2008.

We must remain positive and promote the area and our businesses and try and avoid any negative comments.

The members that attended the meeting on Tuesday the 6th January 2009 were in favour of trying to set Windermere and Bowness up as an ECO FRIENDLY TOWN.

I am writing today to see if we have the support of the membership and also to obtain any comments, advice or any other matters that can be added to the attached papers. Please could you respond to Adrian by email?

Can you help to identify any sites for hydro electric, or are you thinking of installing wind turbines, wood boilers or other eco friendly sources.

Do you use recycled material in your business or do you know of companies in the region that do?

Do you make, supply or sell eco friendly products or use them in your business? If so where do you purchase them?

With your support we are considering having a meeting possible in February with other authorities and interested parties.

On recycling again we will organise a meeting with the authorities and some companies involved in recycling. It would be helpful if you could supply names and addresses of any companies that you work with.

Please email Adrian and myself.

Thank you for your support something like this may put Windermere and Bowness back on the map and promote the area. I do not know at this stage if there will be any grants available to help us achieve these aims.

ECO FRIENDLY TOWN

To develop the prospect of an Eco Friendly Town it is thought that there are six sections which can be developed, some of these can be interlinked, but there could be other areas and items that may need to be considered.

The six sections are:

1. Eco Friendly products either in use or in production
2. Use of power and water
3. Recycling
4. Growing your own products
5. Using local products
6. Using products made from recycled materials

Some of thoughts considered so far are:

1. Eco Friendly Products in use or how they would produce, such as toothpaste, soap, shampoos, conditioners, make up, washing powder, washing liquid, dishwasher tablets, detergents, bleaches, cleaners.
2. Power and water. The use of low energy bulbs, LED bulbs, sensors, timer switch.

Alternative fuels could be hydro electricity as at Coniston or Longsleddale?, wood burning boilers such as at Eskdale, condensing boilers, wind turbines, water wheels, solar panels for hot water, solar panels for power, PV for power.

Alternative fuels for cars such as recycled oil, LPG etc.

3. Recycling. Paper, cardboard, plastic, glass, metal, garden waste, timber, food waste, print cartridges, car oil, cooking oil, furniture, white goods, water.
4. Growing your own vegetables, herbs, fruit, and flowers.
5. Local products such as meat, dairy products, vegetables, fish, beers, bakery and other goods.
6. Products made from recycled materials.

Eco friendly homes and buildings possible National Trust St Catherines?

Awards and Recognitions – What Awards and Recognitions are currently available?

What needs to be done in order to get these awards or recognitions?

Do we need to work with organisations such as the town council or local district council, United Utilities, environmental agency and power companies?

ECO FRIENDLY & GREEN PURCHASING

European eco-label scheme – designed to provide environmental information on a wide range of products. Material input, energy, water and the potential to recycle.

Some products banned, such as Chlorofluorocarbons, CFC's

Products discouraged not to use – hardwoods.

Buying from local suppliers sustains the local economy and reduces transport and environmental costs.

Energy saving light bulbs- cheaper in the long run, use less electricity and produce less carbon dioxide emissions.

Detergents – those which are low in phosphates are less polluting.

Recycled paper – made from waste paper.

Returnable toner cartridges – saves materials etc.

Organic food – reduce use of pesticides etc.

Waste efficient – dishwashers.

Eco/sustainability labels – Blue Angel, EU eco label, ICLEI, Procura, Flexible Framework, and SEDEX.

Tips for Saving Energy

1. Switch off lights when not needed.
2. Use natural light wherever possible.
3. Use energy efficient light bulbs (compact fluorescent lights last 8 times longer and use 70% less energy than ordinary tungsten light bulbs. The smaller diameter fluorescent tubes should be used).
4. Cut power consumption of computers and IT equipment. (Activate “power down”, switch off at end of day).
5. Heating – reduce temperature by 1 ° C could save 10% of cost.
6. Buy energy efficient appliances.
7. Fit radiator thermostatic valves.
8. Only heat occupied rooms.
9. Fit timers, sensor detectors to lights.
10. Use other sources of energy – solar, PV, wind turbine, hydro electric, and water power.
11. Improve insulation –roof, cavity, floor insulation, double glazing.
12. Wash at lower temperatures or use soap powder that can wash in cold water.

Water Efficiency

1. Use rainwater to water gardens, washing cars, etc.
2. Dripping taps – repair immediately.
3. Use a plug in basin rather than running taps.
4. WC’s – put bottle of water or “hippo” in cistern.
5. Dish washer - purchase water efficient appliances - use with full load
6. Fit spring loaded taps.
7. Fit dual flush toilets.

RECYCLING

1. Reduce amount of waste – avoid unnecessary packaging etc.
2. Reuse of waste – reuse items where possible or adapt for another use.
3. Recovery of waste – old furniture recovered and repaired.
4. Recycling of waste – most items can be recycled.
5. Hazardous waste- fluorescent tubes, TV’s, computer monitors.
6. Waste electrical and electronic waste – household appliances, IT, telephone, audio, lighting, electronic tools.

(The Waste Electrical and Electronic Equipment Directive – Private householders are able to return WEEE without charges. Business to Business WEEE – under the arrangements WEEE producers are responsible for the collection and treatment of EEE from the last user).

There are new regulations coming in later this year with regard to batteries.

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|------------------|--|
| 1. Paper | A G Bell & Son – 01229 869876 (free)
Broad Street Car Park |
| 2. Cardboard | G Bell & Son – 01229 869876 (free)
Booths Car Park |
| 3. Bottles/glass | Broad Street Car Park
Booths Car Park
Fallbarrow Park, Bowness
Ferry Nab, Bowness |
| 4. Hard Plastic | Booths Car Park |

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|-------------------------|--|
| 5. Soft Plastic | A G Bell & Son – 01229 869876 (free)
Booths Car Park |
| 6. Wood | Canal Head, Kendal |
| 7. Cans | Broad Street Car Park
Booths Car Park
Fallbarrow Park, Bowness |
| 8. Metals | Rothay Holme, Ambleside |
| 9. Garden Waste | Rothay Holme, Ambleside |
| 10. Cooking Oil & Fats | Eden Valley Oils (free? pay for the oil) |
| 11. Motor Oil | Rothay Holme, Ambleside |
| 12. Printing Cartridges | Triarom |
| 13. Furniture | Impact Housing – 01229 583185 (collect free of charge) |
| 14. White Goods | Impact Housing – 01229 583185 (collect free of charge)
Canal Head, Kendal |
| 15. Clothes | Broad Street Car Park |
| 16. Shoes | Broad Street Car Park |
| 17. Books | Booths Car Park |
| 18. CD's | Booths Car Park |
| 19. TV's | Canal Head, Kendal |
| 20. Computer Monitors | Triarom
Canal Head, Kendal |
| 21. Electrical | Canal Head, Kendal |
| 22. Fluorescent Tubes | 0800 023 2533 (Bright Light) |
| 23. Mobile phones | Triarom |
| 24. Batteries | (Commercial/businesses may require permits and could be charged for using
SLDC/CCC Recycling Sites. SLDC – 0845 050 4434. Ambleside Tip opens Sunday –Wednesday 8am -
4pm. Kendal - Monday-Sunday 8am -4pm). |

RECYCLING – EXISTING SITES

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|-----------------------|--|
| 1. Windermere: | |
| Broad Street Car Park | glass
Cans
Shoes
Paper
Salvation Army |
| 2. EH Booths | glass
Cans
Shoes
Books
CD's
Plastic
Salvation Army |

- 3. Park Cliffe Caravan
paper
Glass
Cans

Bowness

- 1. Fallbarrow Park -
glass
Cans
- 2. Ferry Nab
glass
Cans
- 3. Brockhole Visitor Centre
glass
Cans
Paper
Salvation Army
- 4. Troutbeck Bridge Swimming Pool
Glass
Cans
Plastic
Cardboard
Shoes
Paper
Salvation Army

Plastic	Kendal, Ambleside
Metal	Kendal, Ambleside
Garden Waste	Kendal, Ambleside
Card board	Kendal

DO THE MEMBERS:

- 1. Think this is good enough?
- 2. Want more facilities locally? If so, What?
- 3. Do they have sites for recycling?

Should the Chamber be discussing recycling with CCC/SLDC?

Barry Butler

Chair, Windermere & Bowness Chamber of Trade